

## Who is the Workshop for?

EVERYONE WHO LONGS to FREE THEIR VOICE so they can sing expressively and confidently in a way that includes their whole body, imagination and soul.

*There will be something for everyone, with teaching designed to meet the needs of people with ALL levels of vocal and musical ability, from:*

- ◆ 'UNCERTAIN SINGERS' yearning to 'Sing Freedom' with confidence
- ◆ SINGERS seeking a new vision of singing
- ◆ CHOIR SINGERS
- ◆ TEACHERS
- ◆ VOICE SPECIALISTS wanting new insights (e.g. Therapeutic & Global perspectives).

You will find the sessions will be inspiring, informative and strongly practical - and will also benefit your sense of well-being.

A BOOKSHOP OF RESOURCES linked to the workshop theme will also be available.

## Workshop Leader

*Michael Deason-Barrow (GRSM, ARCM)* - Director of the Tonalis Music Centre - is a master singing teacher and an inspirational choir trainer, who runs voice courses all over the world. He has a wide background as a performer, and regularly gives voice master classes in music conservatoires on the one hand, whilst working with community choirs, children's groups, uncertain singers and singing therapy on the other. Increasingly, he is being recognised for being that rare exponent of music, an expert with a universal attitude.

## Fees and Times

£145 (for booking by June 1st) £155 (by July 1st) £160 (thereafter)

Concessions: Groups (3+), OAPs, Full-time Students: £135 / £140 / £145 each (see dates above)

Weekend only £98 (by June 1st) £105 (thereafter) Work Scholarship £85

Times: Saturday 11am - 6:30pm, Sunday 10am - 6pm, Monday 10am - 5pm

Lunches: Bring your own or local cafes. Tea and Coffee provided.

A Registration Letter incl. travel directions will be sent on receipt of your application.

**Tonalis, 4 Castle Farm Close, Leighterton, GLOS GL8 8UY**

## APPLICATION FORM - 'Sing Freedom'

Please email your booking details to [info@tonalismusic.co.uk](mailto:info@tonalismusic.co.uk) and pay your fee into the Tonalis Music Centre account: Sort Code 08-92-50, Acc. 68684633.

Name: \_\_\_\_\_ email: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

# SING FREEDOM

Dancing  
Voices



Singing  
Bodies

## Go Deeper into Singing &

## Uncover and Free Your Whole Voice

- BRING ◆ Voicework for 21st Singers
- ◆ Creativity
- ◆ Wellbeing
- ◆ Movement &
- ◆ World Voices into Singing

*Tonalis*

*"Michael Deason-Barrow is one of the finest voice coaches in the world."  
Mikal Nielsen - author of 'The Heart of Your Voice, You too can Sing!'*

Led by Michael Deason-Barrow

**27<sup>th</sup> - 29<sup>th</sup> JULY 2024**

VENUE - The Arkell Centre, Nailsworth, GLOS  
Enquiries: Tel. 01666-890460 / [info@tonalismusic.co.uk](mailto:info@tonalismusic.co.uk)

## This inspiring Workshop offers you A New Integrated & Holistic Vision of Singing.

WOULD YOU LIKE TO:

- ☉ Free your Voice so you can sing healthily & confidently?
- ☉ Include your Whole Body, Imagination, Soul and Spirit in Singing?
- ☉ Improve your Breathing and get those High Notes ringing?

If so, this Workshop is for YOU!

## Key Themes We'll Explore

The key aim of this workshop is to help you learn

### ☉ How to Uncover and Free Your Voice using NEW VOICE EXERCISES for 21st CENTURY SINGERS.

*These exercises will explore ALL THE KEY COMPONENTS OF SINGING  
including how to:*

- ◆ Develop the freedom of your BREATHING
- ◆ Expand the RANGE and DYNAMICS of your Voice
- ◆ Enliven your RESONANCE and the palette of your VOCAL COLOURS
- ◆ Free your LARYNX, TONGUE, LIPS & JAW from any harmful constrictions
  - ◆ and much more . . . .

### ◆ 'Behind Every Moving Voice is a Dancing Body' (J. Wright)

Many people think their voice is tense and unfree, when in fact it is tensions in their body that are leading to their limited voice use. Because sounds are movements and vibrations, Tonalis believes that voice development needs to be interwoven with work on the whole body.

*This workshop will therefore offer you a practical and inspiring guide to*

### VOICE MOVEMENT TECHNIQUES

*which will help you both free your voice and sing songs expressively.*

### ◆ Bring Creativity & Improvisation into Singing

Michael will also bring improvisation into the voicework sessions in order to bring the benefits of spontaneity, flexibility and creative imagination into your vocal development.

## ◆ Expand the Borders of Singing

In recent times a multiplicity of extraordinary World singing styles and choral idioms have emerged in our midst, along with Medieval, Jazz, Gospel and 20<sup>th</sup> Century Extended Voice Techniques. All these voices are demonstrating a move away from more narrowly defined conventional ideals of singing to new more open-minded and holistic paradigms.

*This workshop therefore offers you a wonderful opportunity to try out a whole range of music from:*

- the bright focus of Bulgarian Voices
- to • the warm open throated pharyngeal resonance of Georgian singing and much more.

*Through singing these musics you will have the opportunity to:*

- Expand the borders of your voice
- Explore the healing and creative power of singing in different vocal/musical styles
- Experience how particular idioms open up different resonance centres of your voice so that your 'WHOLE VOICE' can be revealed.

## ◆ Sing Freedom Songs: Voices of Courage & Hope

We were all born into the world singing our hearts out with free, unrestricted and spontaneous voices. But many people lose this knowledge as they leave childhood and experience instead how the expressive power of their voice is easy to silence and difficult to restore.

On this workshop Michael will therefore establish an atmosphere of safety for you to "move your voices from inside to outside without being stopped by the damaging layers of inner critics that often silence us". (Susan E. Hale)

In this connection we will sing:

### SONGS OF COURAGE AND HOPE

from SOUTH AFRICAN & AFRICAN-AMERICAN SOURCES.

You will find these songs not only sound cultural journeys from slavery to freedom, but will help you liberate your singing voice from any vocal imprisonment you feel.

## Testimonials – What the Professionals Say

Michael Deason-Barrow can take you to new places and give you new experiences in singing which will change your life. He has the knack to open people's minds to enable them to make music in ways they never thought possible.

MIKE BREWER OBE – Author of 'Fine Tune Your Choir' & 'Choral Warm-ups'

Michael's course was an unparalleled vibrant, holistic weaving together of physical, cultural, artistic and spiritual 'vocal' threads; led by a performer and teacher of the highest vocal prowess. This approach is essential for amateurs, students and professionals alike.

MARTYN HILL – Former Professor of Singing, Trinity College of Music London