

Sing your heart out on an unforgettable weekend of life enhancing music, and explore new ways to create balance and harmony in your life through song!

> "Here, we become the living cathedral - not made with the sound of hammers, but with the wonder and amazement of our singing." (P. Cooper)



VENUE - The Field Centre, nr. Nailsworth, GLOS Enquiries: Tel. O1666-89O460 / info@tonalismusic.co.uk Tonalis, 4 Castle Farm Close, Leighterton, GLOS GL8 8UY

## Songs in the Key of Life

Singing is so utterly life enhancing and innately therapeutic. Just think how the famous Desert Island Discs programme testifies to the way special songs are inextricably linked with our life stories.

Songs bring us closer to others. They soothe, comfort and hold us. They allow us to relive the past and give voice to our dreams. And they weave together the tales of our joys and sorrows.

Songs allow us to express feelings that we would not so easily say using the spoken word and give voice to parts of ourselves we often deny or censor.

Songs also encourage a sense of spiritual presence and transcendence. They express our yearning for hope and help us transition into new life.

'SONGS IN THE KEY OF LIFE' will take you on an inspiring journey using special songs from 'This Little Light of Mine' to 'I live my life in rings ever growing' that give voice to all the following life themes:

- Build your confidence, create trust and let your light shine
- Bring forth within you the 4 elements of earth, water, air and fire
- Centre: integrate your inner and outer life and marry heaven to earth
- Sing petitioning songs to help you get through difficult times
- Ask for forgiveness Letting go and moving on
- Change and transformation Give voice to freedom and new life.

Who For? Songs in the Key of Life is for people with ALL levels of vocal experience who are looking for a special singing workshop this summer.

Michael Deason-Barrow is a master choir leader who runs choral courses all over the world. He gives voice masterclasses in conservatoires, as well as working with community choirs and as a singing therapist, and looks forward to sharing his passion for these healing songs with you.

FEES: £74 (for booking by May 15th)£82 (July 1st)£88 (thereafter)OAP's, Couples & Group Bookings (3+):£68/£73/£78 each (dates as above)Times:10am - 6pm Saturday10am - 5pm Sunday

Application Form - 'Songs in the Key of Life'

Please complete & send to the Tonalis address with your cheque payable to - 'Tonalis'

or pay into the Tonalis account: Sort Code 30-92-06, Account # 00807093.

Name:	email:	
Address:		
Postcode:	Telephone:	